

Product Nutrition and Contribution



THAI RED CURRY CHICKEN

Nutrition Facts

Serving Size 7 ounces (198.45g)
Servings Per Container 1

Amount Per Serving

Calories 140 **Calories from Fat** 70

% Daily Value*

Total Fat 8g **12%**

Saturated Fat 5g **25%**

Trans Fat 0g

Cholesterol 35mg **12%**

Sodium 520mg **22%**

Total Carbohydrate 6g **2%**

Dietary Fiber 1g **4%**

Sugars 3g

Protein 12g

Vitamin A 50% • Vitamin C 15%

Calcium 0% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g



Meat/Meat Alternate	2 oz
Grain/Bread	0 Serving
Vegetable/Fruit	1/4 cup

Allergen: Treenut (Coconut), Soy, Fish (Anchovy)