

Product Nutrition and Contribution



MEATLESS PENNE BOLOGNESE

Nutrition Facts

Serving Size 8 ounces (226.8g)
Servings Per Container 1

Amount Per Serving

Calories 250 **Calories from Fat** 45

% Daily Value*

Total Fat 4.5g **7%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 450mg **19%**

Total Carbohydrate 34g **11%**

Dietary Fiber 4g **16%**

Sugars 9g

Protein 17g

Vitamin A 15% • Vitamin C 40%

Calcium 10% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g



Meat/Meat Alternate	2 oz
Grain/Bread	1 Serving
Vegetable/Fruit	3/8 cup

Allergen: **Wheat**