



ITALIAN FOCACCIA CALZONE

Nutrition Facts

Serving Size 5.53 ounces (156.77g)
 Servings Per Container 1

Amount Per Serving

Calories 360 Calories from Fat 130

% Daily Value*

Total Fat 15g **23%**

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 20mg **7%**

Sodium 590mg **25%**

Total Carbohydrate 44g **15%**

Dietary Fiber 4g **16%**

Sugars 6g

Protein 17g

Vitamin A 10% • Vitamin C 8%

Calcium 20% • Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g



Meat/Meat Alternate	2 oz
Grain/Bread	3 Servings
Vegetable/Fruit	1/8 cup

Allergen:

Wheat, Soy, Milk