

Product Nutrition and Contribution



ENERGY-2-GO ENERGIZER

Nutrition Facts

Serving Size 8.56 ounces (242.67g)
Servings Per Container 1

Amount Per Serving

Calories 570 Calories from Fat 260

% Daily Value*

Total Fat 29g **45%**

Saturated Fat 7g **35%**

Trans Fat 0g

Cholesterol 25mg **8%**

Sodium 620mg **26%**

Total Carbohydrate 70g **23%**

Dietary Fiber 4g **16%**

Sugars 46g

Protein 15g

Vitamin A 6% • Vitamin C 8%

Calcium 30% • Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g



Meat/Meat Alternate	2 oz
Grain/Bread	1 Serving
Vegetable/Fruit	3/4 cup

Allergen:

Wheat, Milk