Product Nutrition and Contribution

CHEESE & TRAIL MIX PLATE

Nutrition Facts

Serving Size 9.0 ounces (255.15g)
Servings Per Container 1

Amount Per Serving

Calories 560	Calories from Fat 240
	% Daily Value*
Total Fat 26g	**40%**
Saturated Fat 7g	**35%**
Trans Fat 0g	
Cholesterol 30mg	**10%**
Sodium 660mg	**28%**
Total Carbohydrate 69g	**23%**
Dietary Fiber 4g	**16%**
Sugars 38g	
Protein 17g	

Vitamin A 6%	•	Vitamin C 6%
Calcium 25%	•	Iron 25%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Meat/Meat Alternate	2 oz
Grain/Bread	1.25 Serving
Vegetable/Fruit	3/4 cup

Allergen: **Wheat, Milk**