

Product Nutrition and Contribution



BREAKFAST SANDWICH

Nutrition Facts

Serving Size 4.25 ounces (120.49g)
Servings Per Container 1

Amount Per Serving

Calories 260 **Calories from Fat** 90

% Daily Value*

Total Fat 10g **15%**

Saturated Fat 3.5g **18%**

Trans Fat 0g

Cholesterol 125mg **42%**

Sodium 510mg **21%**

Total Carbohydrate 27g **9%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 16g

Vitamin A 4% • Vitamin C 0%

Calcium 15% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g



Meat/Meat Alternate	2 oz
Grain/Bread	1 Serving
Vegetable/Fruit	0 cup

Allergen:

Wheat, Milk, Egg